



NIGHT OF
ELEVENTH ANNUAL
CHAMPIONS
ESPN
((ITHACA))
2024 JUNE 14TH

VISIONS
FEDERAL CREDIT UNION

Event Program

Welcome and Introduction of Honored Guests

Master of Ceremonies - Nick Karski
Operations Manager & Host of Between the Lines, Weekdays 5-6 pm

Sponsor and Staff Recognition

Todd Mallinson
President, Vizella Media/ESPN Ithaca

Presentation of Fall, Winter & Spring Sports Awards

by Ryan Gineo, ESPN Ithaca Play-by-Play Announcer/Reporter

Athletic Director Appreciation Award

Hank Neubert, Newfield

Senior Leadership Award

Johnny VanScoyk, Watkins Glen
Anna Kotaska, Ithaca

Co-Coaches of the Year for a Girls Sport

Nicole Lamie, Lansing Volleyball
John Crossgrove, Moravia Girls Basketball
Sponsored by Guthrie

Coach of the Year for a Boys Sport

Todd Mulvaney, Moravia Boys Basketball
Sponsored by Guthrie

Female Athlete of the Year

Lauren Millspaugh, Trumansburg Volleyball, Basketball, Outdoor Track & Field
Sponsored by Visions Federal Credit Union

Male Athlete of the Year

Kyler Proper, Moravia Football, Basketball, Outdoor Track & Field
Sponsored by Visions Federal Credit Union

Closing Remarks

Nick Karski

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Special Thanks

Thank you to all the Athletic Directors for their support and assistance in the nomination and selection process for this event.



Holly Carling
Candor



Todd Kwiatkowski
Dryden



Mark Triolo
Groton



Samantha Little
Ithaca



Katie Crandall
Lansing



Todd James
Marathon



Todd Mulvaney
Moravia



Scott Wandell
Newark Valley



Hank Neubert
Newfield



Greg Gavich
Odessa-Montour



Caitlin Wasielewski
Southern Cayuga



Beth Ebel-Ruocco
Spencer-Van Etten



Tiffany Beam
Trumansburg



Todd Salls
Union Springs



Rod Weeden
Watkins Glen

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Fall Sports Award Winners

Boys Cross Country:

Coach: Neil Clifford, Trumansburg

Athlete: John Garrison, Spencer-Van Etten

Girls Cross Country:

Coach: Becca Lovenheim, Lansing

Athlete: Tsadia Bercuvitz, Ithaca

Field Hockey:

Coach: Karen Funk, Marathon

Athlete: Catherine Newkirk, Marathon

Football:

Coach: Fred Ott, Moravia

Athlete: Kyler Proper, Moravia

Boys Soccer:

Coach: Jonathan Billing, Ithaca

Athlete: Parker Cullen, Southern Cayuga

Girls Soccer:

Coach: Scott Morse, Watkins Glen

Athlete: Skye Honrath, Watkins Glen

Girls Swimming:

Coach: Jason Westervelt, Watkins Glen/Odessa-Montour

Athlete: Thalia Marquez, Watkins Glen/Odessa-Montour

Volleyball:

Coach: Nicole Lamie, Lansing

Athlete: Kayla Palmer, Lansing

Winter Sports Award Winners

Boys Bowling:

Coach: Lee Christopher,
Lansing

Athlete: Kody Floyd,
Candor

Cheerleading:

Coach: Katie Brindisi,
Newark Valley

Athlete: Rachel Parisot,
Newark Valley

Boys Basketball:

Coach: Todd Mulvaney,
Moravia

Athlete: Abram Wasileski,
Moravia

Boys Hockey:

Coach: Paul Zarach,
Ithaca

Athlete: Owen Simons,
Ithaca

Boys Indoor Track & Field:

Coach: Scott Weeks,
Groton

Athlete: Riley Hubisz,
Ithaca

Girls Bowling:

Coach: Marianne Viscardi,
Union Springs

Athlete: Jenna Jump,
Union Springs

Boys Swimming and Diving:

Coach: Jason Westervelt,
Watkins Glen/Odessa-Montour

Athlete: Connor Lajza,
Lansing

Girls Basketball:

Coach: John Crossgrove,
Moravia

Athlete: Cha Gardner,
Newark Valley

Girls Hockey:

Coach: Tyler Wagenet,
Ithaca

Athlete: Kaylee Dickerson-Holly,
Ithaca

Girls Indoor Track & Field:

Coach: Karen Weaver,
Dryden

Athlete: Tsadia Bercuvitz,
Ithaca

Wrestling:

Coach: Eric D'Arcy, Newark Valley

Athlete: (Boys) Daniel Parker, Ithaca
(Girls) Willow Moylan, Ithaca



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Spring Sports Award Winners

Girls Flag Football:

Coach: Keisha McBean,
Ithaca

Athlete: Ade Miller,
Ithaca

Boys Golf:

Coach: Jason Hodge,
Trumansburg

Athlete: Nico Potenza,
Trumansburg

Boys Lacrosse:

Coach: Colton Oliver,
Dryden

Athlete: Nick D'Alleva,
Watkins Glen

Boys Outdoor Track & Field:

Coach: Becca Lovenheim,
Ithaca

Athlete: Kyler Proper,
Moravia

Softball:

Coach: Jim Bona,
Union Springs

Athlete: Brooklyn Walker,
Lansing

Girls Tennis:

Coach: Helen Evans,
Ithaca

Athlete: Mary Kate Vitale,
Southern Cayuga

Baseball:

Coach: Kyle Lumpkin,
Union Springs

Athlete: Luke Landis,
Moravia

Girls Golf:

Coach: Kelly Baughan,
Lansing

Athlete: Hailey Baughan,
Lansing

Girls Lacrosse:

Coach: Kaitlyn Hoffay,
Ithaca

Athlete: Ella Thomforde,
Ithaca

Girls Outdoor Track & Field:

Coach: Becca Lovenheim,
Ithaca

Athlete: Tsadia Bercuvitz,
Ithaca

Boys Tennis:

Coach: Helen Evans,
Ithaca

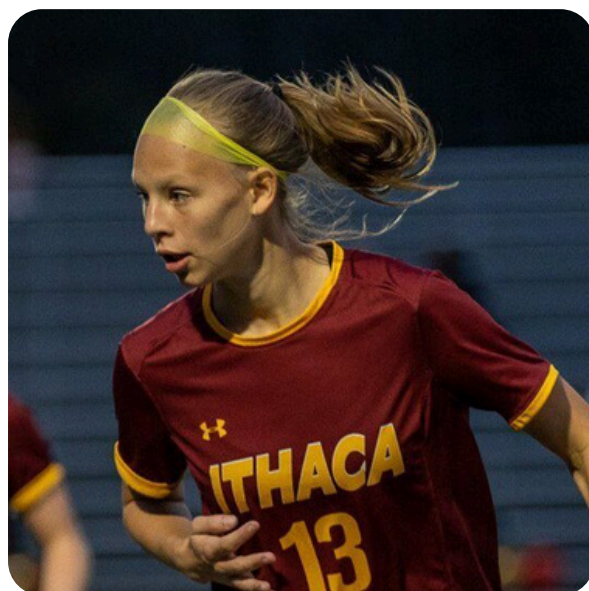
Athlete: Collin Park,
Union Springs

Unified Athlete:

Coach: Jodi Maddren,
Ithaca

Athlete: Elijah Smith,
Ithaca

Female Senior Leadership Award



Anna Kotaska, Ithaca

Anna Kotaska is a three-sport athlete at Ithaca who has strongly exemplified what it means to be a leader on and off the field. Anna is the team captain for the girls soccer team and guided the Little Red to a Section IV Class AA co-championship, their first sectional title since 2018. She is also a member of the Unified bowling and flag football teams. Outside of athletics, Anna is part of a boatload of organizations throughout the school, including the National Honor Society, IHS Ambassadors, Scholar Athlete Council, and Youth Activation Committee. As part of YAC, she helped plan activities for students with and without intellectual disabilities, including their first-ever Unified Semi-Formal. Anna also volunteered to help complete their annual yearbook. Anna spends lunches with those with disabilities and strives to make all students feel included and make IHS a better place every day. Anna will be attending Fairleigh Dickinson University-Florham Campus to continue her soccer career.

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Male Senior Leadership Award



Johnny VanScoyk, Watkins Glen

Johnny VanScoyk is a three-sport athlete at Watkins Glen who has displayed tremendous leadership during his time with the Lake Hawks. Johnny was the team captain for the cross country, indoor track and field, and outdoor track and field teams for three consecutive years. In the fall, he competed at states for cross country. Johnny has been on the Section IV Student Athletic Advisory Committee (SAAC) for the last two years and has attended the state leadership conference. Outside of school, he has volunteered with the local Lions Club for the last three years doing the biannual road clean-up project with their Christmas tree fundraiser. He has also volunteered with toy delivery for the Seneca Santa program. Academically, Johnny is ranked seventh in his class. Johnny will be attending SUNY Cortland to study media production and continue running competitively.

Coach of the Year in a Boys Sport



Todd Mulvaney, Moravia Basketball

The Moravia boys basketball program has been the team to beat in the area under head coach Todd Mulvaney. This season, their dynasty continued in the best way possible. Despite a 1-3 start to the season facing opponents in higher classes, the Blue Devils got better and better as the season progressed. For starters, they claimed another IAC divisional title and their third straight IAC championship. They then repeated as Section IV Class C champions and regional champions to make it back to Glens Falls for the state final four. With an all-senior starting five, they made sure to finish the job and win their second state title in program history and their first since 2017. The Blue Devils ended the season on a 22-game winning streak to finish 23-3, and four players were named to the All-State team. For leading his alma mater to more glory, Mulvaney was named the Section IV Class C Coach of the Year.

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Co-Coaches of the Year in a Girls Sport

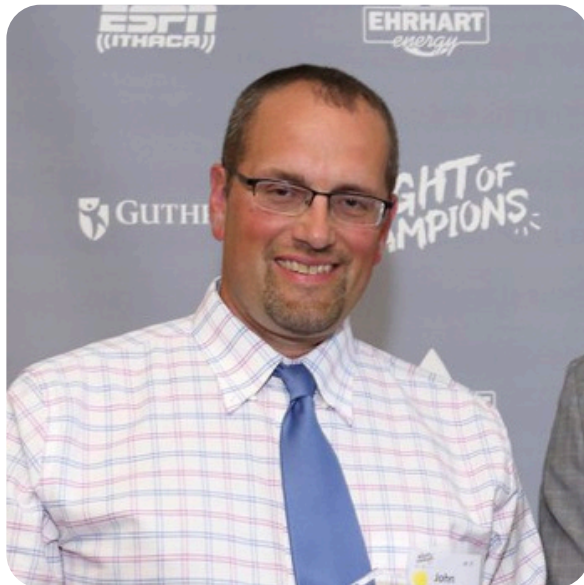


Nicole Lamie, Lansing Volleyball

Over the last few years, the Lansing volleyball team has emerged as one of the premier teams in the area, in large part thanks to head coach Nicole Lamie. In her ninth season at the helm, the Bobcats achieved the ultimate glory. After a dominant regular season, the Bobcats overcame losing out on the IAC championship and stormed on to a third consecutive sectional title and their second straight in Class B. It was also the second straight year they made it back to Glens Falls for the state final four. This time around, they made no mistake and coasted to their first state title in program history. It was an incredibly dominant postseason run for the Bobcats, not dropping a single set in the sectional and state tournaments.

Lansing finished 35-5-6 with a 19-2 match record and had four players make the All-State team. Lamie was named as the Section IV Coach of the Year for the second straight season.

Co-Coaches of the Year in a Girls Sport



John Crossgrove, Moravia Basketball

John Crossgrove has led the Moravia girl's basketball program for many years. There is zero doubt that this season was the most successful one ever, making history—or more fittingly, her story—all year long. The Blue Devils began their unforgettable postseason run by winning their first IAC championship since 2019. They returned to Tompkins Cortland Community College for sectionals, where they came out on top to win their first-ever Section IV title. After triumphing in regionals, it was off to Hudson Valley Community College for the state final four, where they created more unforgettable memories by capturing their first-ever state title. By combining an incredibly well-balanced offense with a stingy and aggressive defense, Crossgrove implemented a style of play that no team in Class C could conquer. At the end of it all, the Blue Devils finished 23-3 and had four players make the Section IV All-Star team. For his invaluable part, Crossgrove was named the Section IV Class C Coach of the Year.

Female Scholar Athlete of the Year



Lauren Millspaugh, Trumansburg

(Volleyball, Basketball, Outdoor Track & Field)

This year, Lauren Millspaugh played an instrumental role in a trio of stellar campaigns. The fall was arguably the most successful of the bunch for volleyball. As the captain, Millspaugh guided the Blue Raiders to an IAC championship, their first Section IV Class C title since 2011, and their first state final four appearance in over 20 years. Millspaugh led the team with 350 kills and 79 blocks, being named to the Class C All-State First Team as well as earning IAC MVP and First Team All-Star nods. She also earned the Sportsmanship Award.

Then in the winter, Millspaugh helped the Blue Raiders have a remarkable turnaround campaign, going from just one win last season to 10 this time around. She earned another IAC MVP honor for her excellent play. In the spring, she helped the outdoor track and field team finish in third place at IACs, putting in solid performances in the triple jump and discus throw. Of her three sports, Millspaugh will continue her volleyball career at SUNY Cortland.



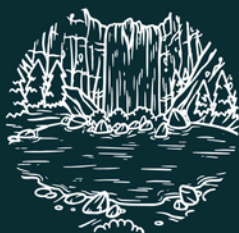
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Male Scholar Athlete of the Year



Kyler Proper, Moravia

(Football, Basketball, Outdoor Track & Field)

To say Kyler Proper's time at Moravia was successful is putting it very lightly. With so many accolades earned across his three sports, Proper has cemented himself as one of the top student-athletes in school history. In the fall, he played a massive role in the football team steamrolling their way to a first-ever Section IV 8-man title and a state championship appearance. Proper excelled on all three fronts, garnering 1,956 yards of total offense and 37 total touchdowns. He was named as a Section IV 8-man All-Star and made the 8-man All-State First Team. In the winter, he guided boys basketball to a third straight IAC championship, back-to-back sectional titles, and the program's second-ever state title as their point guard. Proper averaged 14.6 points per game and was named to the All-State Fourth Team. In the spring, his blazing speed was on full display for the outdoor track and field team, going undefeated in the 100-meter and 200-meter dashes during the regular season. He also holds the school record in both events. Of his three sports, Proper will continue his football career at Wilkes University.

FUELING EXCELLENCE

As of June 2024, ESPN Ithaca has awarded OVER \$38,500 to local booster clubs in recognition of each Student-Athlete of the week.

Hailey Baughan, Lansing
Tayah Beach, Spencer-Van Etten
Charli Bennett, Southern Cayuga
Tsadia Bercuvitz, Ithaca (2)
Emma Best, Lansing
Nicco Binns, Lansing
Carmen Bishop, Groton
Faith Brenchley, Spencer-Van Etten
Isaac Brozon, Southern Cayuga (2)
Reagan Burnham, Dryden
Ross Bush, Groton
Lilly Casler, Union Springs
Gracie Chalupnicki, Union Springs
Hunter Covington, Dryden
Parker Cullen, Southern Cayuga
Michael Culver, Union Springs
Allison Denmark, Trumansburg
Abby Ensign, Marathon
Kaitlyn Floyd, Candor
Cameron Gaines, Ithaca
Cha Gardner, Newark Valley
John Garrison, Spencer-Van Etten (2)
Olivia Genson, Moravia
Brad Gillis, Odessa-Montour
Dana Guild, Watkins Glen
Jolene Gunther, Lansing
Ahmad Haight, Union Springs
Bryce Hartman, Marathon
Katelyn Herrling, Union Springs
Alex Holmes, Watkins Glen
Riley Hubisz, Ithaca
Kristen Johnston, Lansing
John Johnston, Spencer-Van Etten
Jessalyn Jones, Moravia
Jenna Jump, Union Springs
Tamio Kawate, Ithaca

Ava Kelly, Watkins Glen
Alannah Klemann, Watkins Glen
Joshua Kwakye Minott, Ithaca
Sailor Ladd, Trumansburg
Luke Landis, Moravia
Emma Lobdell, Dryden
Iago Lopez, Ithaca
Tyler Malnoske, Odessa-Montour
Willow Moylan, Ithaca
Stepan Novak, Candor
Ellie Ouckama, Trumansburg
Daniel Parker, Ithaca
David Patterson, Odessa-Montour
Brenna Pierce, Watkins Glen
Nico Potenza, Trumansburg
Garret Potter, Trumansburg
Kyler Proper, Moravia (2)
Isabel Rossbach, Southern Cayuga
Jordan Sidle, Lansing
Jordan Smith, Moravia
Liam Smith, Watkins Glen
Nicola Soper, Candor
Raegan Sudnikovich, Spencer-Van Etten
Phoebe Swartz, Candor
Harley Switzer, Newark Valley
Trent Thibault, Lansing
Ella Thomforde, Ithaca
Jacob Totman, Dryden
Maddie Tuttle, Watkins Glen
Brooklyn Walker, Lansing
Savanna Warfield, Marathon
Abram Wasileski, Moravia (2)
Caraline Wasileski, Moravia
Brendan Williams, Dryden
Dafydd Williams, Trumansburg
Crosby Woods, Ithaca
Aiden Xie, Ithaca

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2022-2023



**Scholar-Athlete
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Southern Cayuga's
Brandon Vanacore



**Scholar-Athlete
of the Year**

Odessa-Montour's
Hannah Nolan



**Coach
of the Year**

Groton's
Joe Manning



**Coach
of the Year**

Union Springs'
Andy Kalet

2021-2022

Scholar-Athletes: Brooke Tillotson, Marathon &
Mike Wandell, Newark Valley

Coaches: Greg Schweiger, Newark Valley
& Mike Nembhard, Newfield

2020-2021

Scholar-Athletes: Braelyn Hornick, Candor & Jacob
Humble, Newfield

Coaches: Scott Voorhees, Trumansburg & Nicole
Chafee, Watkins Glen

2019-2020

Scholar-Athletes: Diego Castellot, Marathon & Gwen
Gisler, Lansing

Coaches: Chip Stewart, Marathon & Pam Quinlan,
Candor

2018-2019

Scholar-Athletes: Hannah Morse, Watkins Glen &
Dylan Houseknecht, Odessa-Montour

Coaches: Alicia Learn, Watkins Glen & Benji Parkes,
Lansing

2017-2018

Scholar-Athletes: Nick Parkes, Lansing & Mackenzie
Grube, Spencer-Van Etten

Coaches: Chris Bubble, Newfield & BJ Bliss,
Ithaca

2016-2017

Scholar-Athletes: Patrick Hazlitt, Watkins Glen &
Nicole Gates, Candor

Coaches: Alicia Learn, Watkins Glen & Brian
Sherwood, Newark Valley

2015-2016

Scholar-Athletes: Emily Kopp, Southern Cayuga &
Jared Lyon, Moravia

Coaches: Brian Trippany, Newark Valley & Todd
Mulvaney, Moravia

2014-2015

Scholar-Athletes: Lauren Trumble, Ithaca & Vincent
Darpino, Newark Valley

Coaches: Eric Stickel, Lansing & Jim Hodges, Union
Springs

2013-2014

Scholar-Athletes: Matt Gill, Watkins Glen & Eryn
Griep, Marathon

Coaches: Lee Stuttle, Dryden & Adam Heck,
Lansing





The Selection Process

Nominations for Outstanding Scholar-Athletes and Outstanding Coaches come from the Athletic Directors of our 15 area high schools. Recipients are selected based on a nomination and voting process by the Athletic Directors with the final decision made by the ESPN Ithaca Selection Committee.

Male and Female Scholar-Athletes of the Year

Each award winner has been recognized as a top varsity performer in at least two sports while maintaining a minimum grade average of 85 with no disciplinary issues. The scholar-athlete must be a high school senior, with strong academic and civic contributions.

Outstanding Scholar-Athletes

Each award winner has been recognized as a top varsity performer in their respective sport, while maintaining a minimum grade average of 80, with no disciplinary issues.

Outstanding Coaches and Coach of the Year

Each award winner has been recognized as a top varsity head coach for their sport for the entire season and is in good standing with their school and Section IV Athletics

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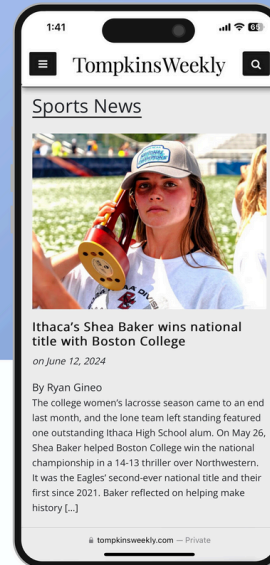
PHOTO OF THE YEAR



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